How to read my statement

my statement is designed to give you the plan account information you value most in an easy, accessible format – what is your plan worth today? What kinds of returns are you making? How does your investment mix compare with your target mix? This information is presented in plain language and hopefully encourages you to take an active role in preparing you for retirement.

Review **my statement** to evaluate where your current plan assets are invested as well as your ongoing future contribution instructions, and also to receive updates on your investment lineup and tips on making the most of your retirement savings.

Look to the following sections of **my statement** for this information:

1	Account overview	to view your balances, including opening, closing and dollar changes as a reference
2	My Plan profile	for details on how your existing assets are invested, including - How my plan's value changed this period - My investments - How ongoing contributions are invested
3	About my plans	to view messages specific to your company plan
4	Information I should know	providing additional important information and reminders about your plan
5	Glossary of terms used in this statement	to understand industry terms used in my statement





Account overview

my statement begins with your plan's account balance, including opening and closing balances and investment gains and losses so that you can easily view the overall change in your account. A space for short, high-priority messages about your specific plan also appears on the front of your statement.

m and a second s	y statement Account number: 98765123456789
124.W.4.1221 20000 IONN SAMPLE 123 STREET TO N MOM OMO For the period January 1 to December 31, 2010	ABC Company For more information Gran to mynumifica Call Sun Life Financial at 1866 733-8612
How the value of my plans changed this period Value of my plans on January 1. 2010. \$100.873.91 My contributions \$42.012 My employer's contributions \$542.000 Withdrawals from my plans \$550.00 My instrument gains and losses \$52.00 My law of my plans on December 31, 2010 \$123.043.48 Personal state of priving for my plans \$123.043.48	What's inside Details of my plans
Personal rates of return for my plans SHCE Jacken V GAN 20 GML 1164k 1162k SHCE	Welcome to sub-uter humana Review the sub-oread format of your statement for an overview of your account and hole important information about your plan.
Value of my plans on December 31, 2010	Sun Life Financial



My Plan profile

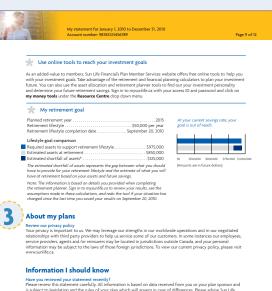
This section provides a breakdown of your plan's contributions and fund information, including a **How my plan's value changed this period**, and a **My investments** section detailing how your existing investments are allocated. **How ongoing contributions are invested** shows to which funds contributions are directed. You will see a separate **My Plan profile** section for each of your accounts, if applicable.





About my plans

Any communication specifically related to your company plan will appear in this section. Information in About my plans may include investment updates, reminders to take action, and any other message your employer sees fit to communicate.



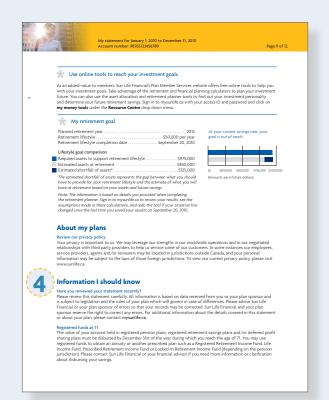
Here you releved your statement recently? Please review this statement carefully all information is based on data received from you or your plan sponsor a is subject to legislation and the nules of your plan which will govern in case of differences. Reuse advice Sun Life Financial or your plan sponsor of errors so that your records may be corrected. Sun III Financial and your plan sponsor reserve the right to correct any errors. For additional information about the details covered in this state or about your plan please contact myoundifice.

or alloot your plant, prease contact mysunites.a. Registered funds. The All on registered persion plans, registered retirement savings plans and/or deferred prof sharing plans must de dobunded by Geoember 31s of the year during which you reach the age of 71. You may use registered funds to obtain an amuty or another prescribed plan such as a Registered Retirement throme Fund. Life funces fund, the softed Retirement (Income Fund Life). The functional function of the persion jurisdiction), Please contact San Life Financial advisor if you need more information or clarification about disburing your saving.



Information I should know

This section includes additional important information about your plan from Sun Life Financial, plus legal and compliance messages.





Glossary of terms used in this statement

A list of definitions is included to help you better understand your plan and the information contained in **my statement**.



With the time weighted methodology, the personal rates of return summary is calculated at the end of each month based on the opening balance, closing balance and cash flow activity for the month. The 3-month, year-to-date, 1-year, 3-year and 5-year rates of return for all your funds are displayed.

You can view the net returns for each plan and fund. For additional information, check out the online personal rates of return Questions & Answers in your account (Accounts > personal rates of return).

Take action!

After reviewing your current investments and future contribution instructions on **my statement**, you should decide whether they fit with your overall investment strategy. You can determine your investment strategy by completing the **Investment risk profiler** and the **Retirement planner**. These tools can be found on Sun Life Financial's Plan Member Services website. Sign in to **mysunlife.ca** using your access ID and password. On the **Home** page, select **my financial centre** followed by **my money tools** under the **Resource Centre** drop-down menu. You can change your investment selections by choosing **Change investments** under the **Requests** drop-down menu.

Don't have an access ID or password?

Sign in to **mysunlife.ca** using your account number (see your welcome letter or your statement for this number) and select **Register now**.

- Forgot your access ID? Select I forgot my access ID.
- Forgot your password? Select I forgot my password.

Questions

If you have any questions, please contact Sun Life Financial's Customer Care Centre at **1-866-733-8612** from 8 a.m. to 8 p.m. ET, any business day.

Know your responsibilities

As a member of a group retirement plan, you're responsible for making investment decisions and for using the tools and information that have been provided to help you make these decisions. You should also decide if seeking investment advice from a qualified individual makes sense for you.